

The East to West Adventure

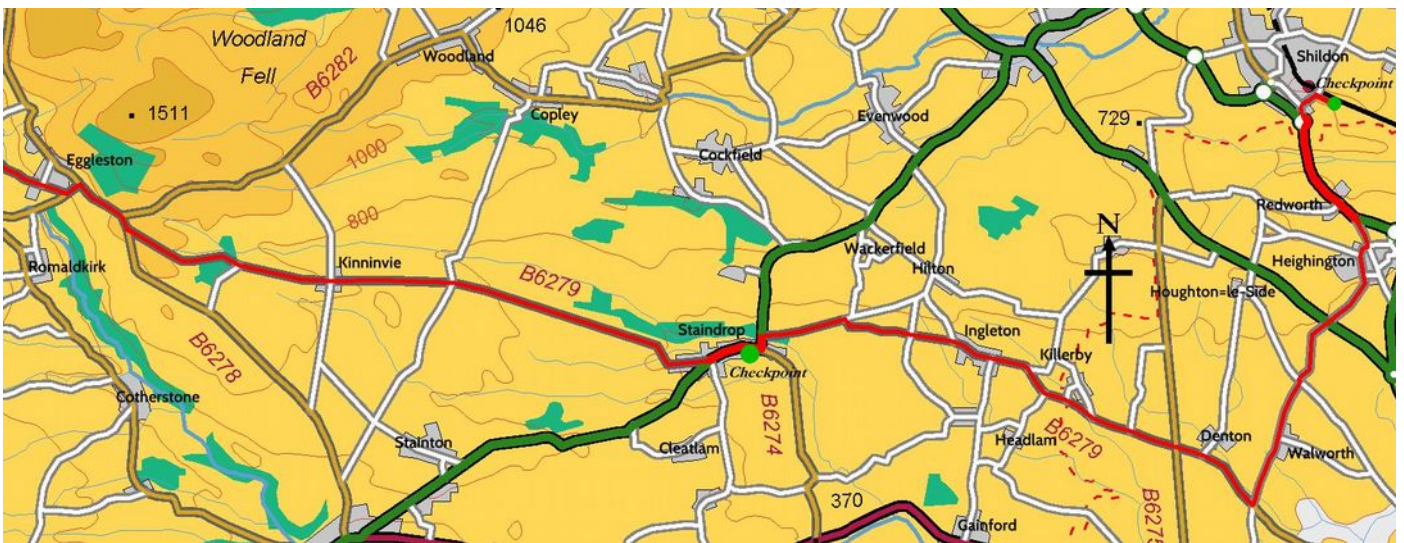
Day one – 23 June 2018

Route marked in red going from right to left

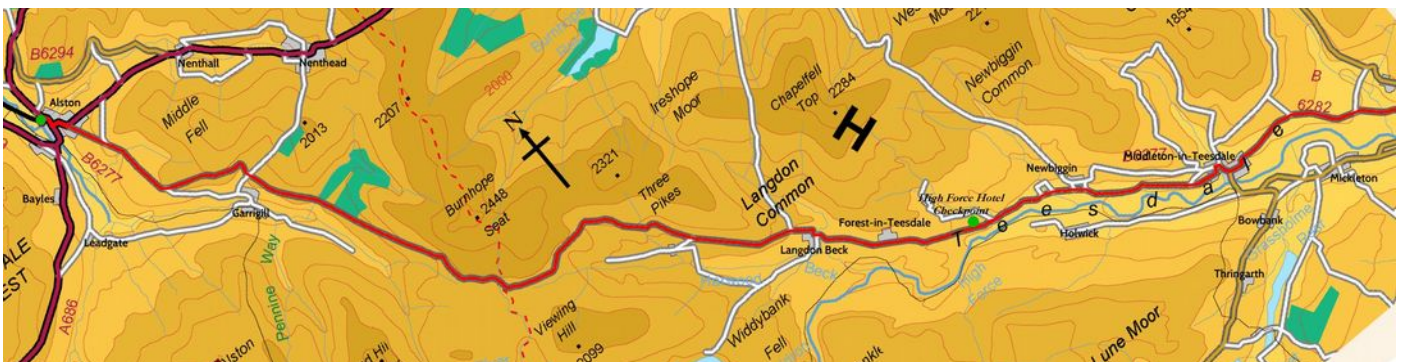
Crimdon Dene to Shildon – Checkpoint at Shildon



Shildon to Eggleston – Checkpoint at Staindrop:



Middleton-in-Teesdale to Alston – Checkpoint at High Force



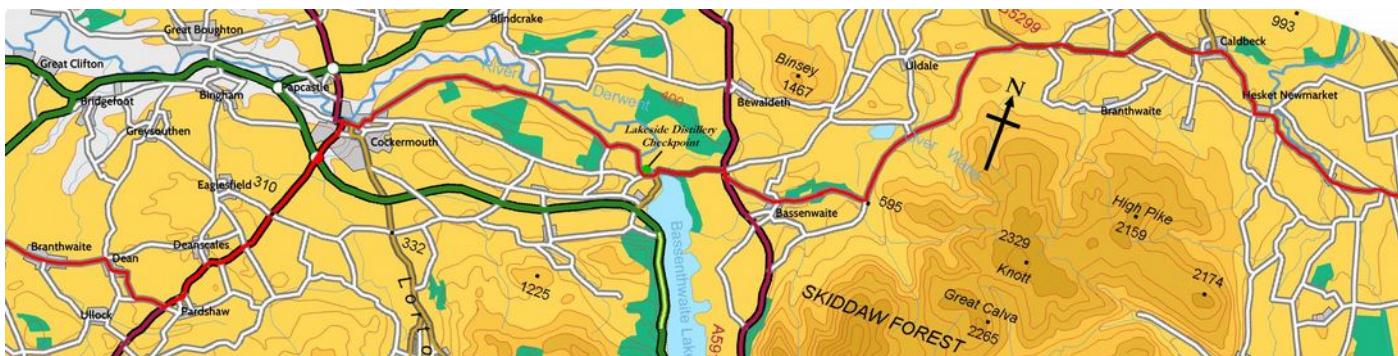
Day two – 24 June 2018

Route marked in red going from right to left

Alston to Hesket Newmarket



Hesket Newmarket to Pardshaw – Checkpoint at the Lakeside Distillery



Pardshaw to Whitehaven – Finish at The Beacon

